

## PRAYER AT MIDDAY ON THURSDAY

### PREPARATION & PRAISE

O God make speed to save us.  
All: **O Lord, make haste to help us.**

Teach me to do what pleases you, for you are my God  
All: **let your kindly spirit lead me on a level path.**

All: **We praise you, O God,  
we acclaim you as the Lord;  
all creation worships you,  
the Father everlasting.  
To you all angels, all the powers of heaven,  
the cherubim and seraphim, sing in endless praise:  
Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.**

*from Te Deum Laudamus*

### READINGS, REFLECTION & COLLECT

#### INTERCESSIONS

*May be a time of open prayer or follow a set form and include prayers for local government and community leaders, those who work with the young or the elderly, schools colleges and universities, emergency and rescue operations.*

O gracious and holy Father,  
give us wisdom to perceive you,  
diligence to seek you,  
patience to wait for you,  
eyes to behold you,  
a heart to meditate upon you,  
and a life to proclaim you  
through the power of the Spirit of Jesus Christ our Lord;  
All: **Amen.**

*The Lord's Prayer is said.*

May God kindle in us the fire of love.  
All: **Amen.**

## PRAYER AT MIDDAY ON MONDAY

### PREPARATION & PRAISE

O God make speed to save us.  
All: **O Lord, make haste to help us.**

Let the words of my mouth and the meditation of my heart  
All: **Be acceptable in your sight, O Lord,  
my strength and my redeemer.**

All: **I bind unto myself today  
the strong name of the Trinity,  
by invocation of the same,  
the Three in One and One in Three.  
Of whom all nature hath creation;  
eternal Father, Spirit, Word:  
Praise to the Lord of my salvation,  
salvation is of Christ the Lord.**

*from St Patrick's Breastplate*

### READINGS, REFLECTION & COLLECT

#### INTERCESSIONS

*May be a time of open prayer or follow a set form and include prayers for the media and the arts, farming and fishing, commerce and industry, those whose work is stressful or dangerous, and the unemployed.*

Eternal light, shine into our hearts,  
eternal goodness deliver us from evil,  
eternal power, be our support,  
eternal wisdom, scatter the darkness of our ignorance,  
eternal pity have mercy upon us;  
that with all our heart and mind and soul and strength  
we may seek your face and be brought by your infinite mercy  
to your holy presence; through Jesus Christ our Lord;  
All: **Amen.**

*The Lord's Prayer is said.*

May God bless the work of our hands.  
All: **Amen.**

## PRAYER AT MIDDAY ON TUESDAY

### PREPARATION & PRAISE

All: O God make speed to save us.  
**O Lord, make haste to help us.**

To you, O Lord, I lift up my soul.  
**O my God, in you I trust.**

All: **I am giving you worship with all of my life,  
I am giving you obedience with all of my power,  
I am giving you praise with all my strength,  
I am giving you honour with all my speech.  
I am giving you love with all my heart  
I am giving you affection with all my sense,  
I am giving you my being with all my mind,  
I am giving you my soul,  
O most high and holy God**

*adapted from Alexander Carmichael, Carmina Gadelica (1900)*

### READINGS, REFLECTION & COLLECT

#### INTERCESSIONS

*May be a time of open prayer or follow a set form and include prayers for all who are sick in body mind and spirit, those in the midst of famine and disaster, victims of abuse and prejudice, the bereaved and those who work in the medical and healing professions.*

Eternal God,  
the light of minds that know you,  
the joy of hearts that love you,  
and the strength of wills that serve you:  
grant us so to know you that we may truly love you,  
so to love you that we may truly serve you,  
whose service is perfect freedom through Christ our Lord;  
All: **Amen.**

*The Lord's Prayer is said.*

May Christ our redeemer bring us healing and wholeness.  
All: **Amen.**

## PRAYER AT MIDDAY ON WEDNESDAY

### PREPARATION & PRAISE

All: O God make speed to save us.  
**O Lord, make haste to help us.**

Make me to know your ways, O Lord,  
**and teach me your paths.**

All: **You, Christ are the King of glory,  
the eternal Son of the Father.  
When you took our flesh to set us free  
you humbly chose the Virgin's womb.  
You overcame the sting of death  
and opened the kingdom of heaven to all believers.  
You are seated at God's right hand in glory.**

*from Te Deum Laudamus*

### READINGS, REFLECTION & COLLECT

#### INTERCESSIONS

*May be a time of open prayer or follow a set form and include prayers for the social services, all who work in the criminal justice system, victims and perpetrators of crime, the work of aid agencies throughout the world, those living in poverty or under oppression.*

O Lord our God,  
grant us grace to desire you with our whole heart,  
that so desiring we may seek and find you;  
and so finding, may love you;  
and so loving, may hate those sins  
from which you have delivered us;  
through Jesus Christ our Lord;  
All: **Amen.**

*The Lord's Prayer is said.*

May God grant to the world justice, truth and peace.  
All: **Amen.**